Jesse Owens Park

Thursdays

6:00 p.m. - 7:00 p.m. Golfing Class

6:00 p.m. - 8:00 p.m. Video Game Day Kid's Zone (ages 3 to 8) **Toastmasters** Cooking Class

6:00 p.m. - 9:00 p.m. Karate Class Fun Zone (ages 9 to 16)

6:00 p.m. - 10:00 p.m. Girl and Women Basketball

Fridays

6:00 p.m. - 8:00 p.m. Cheerleading **Cooking Class** Kid's Zone **Tennis** Video Games

6:00 p.m. - 9:00 p.m. ZUMBA Fun Zone Youth Basketball **Family Swimming** Night

8:00 p.m. - 10:00 p.m.

Indoor Movie Night

Saturdays

6:00 p.m. - 8:00 p.m. Arts & Crafts/Face Painting Music and Open "Mic" Night

Kids Free Zone Kids Zone

> 6:00 p.m. - 9:00 p.m. Fun Zone Family Swimming Night

Visit a Park Near You and Enjoy Extended Park Hours



Choose Health LA is made possible by funding from the Centers for Disease Control and Prevention through the Los Angeles County Department of Public Health.

Choose Health LA es financiada por los Centros para el Control y la Prevención de Enfermedades y el Departamento de Salud Pública del Condado de Los Angeles.

Pursuant to the American with Disabilities Act (ADA), the County of Los Angeles, Department of Parks & Recreation, has designated an ADA Coordinator to carry out this Department's compliance with non-discriminatory provisions of the ADA. For more information you may contact the ADA Coordinator's Office:

"EL 213-738-2970 TDD_213-427-6118 FAX. 213-487-0380

Upon a 3-day request notice, sign language interpreter and related materials in alternative formats (Braille-transcript, large print, audio-record, video-captioning, live-description) or any other reasonable accommodations are available to the public for the County-sponsored activities and events.

Segun el Acta de los Americanos con Incapacidades (AAI), el Condado de los Angles, Department de Parques & Recreacion, a designado un Coordinador del AAI para desempenar el cumplimiento del Departamento en todas las provisiones no-discriminatorias del AAI. Para mas informacion, usted puede contactarse con la oficina del Coordinador del AAI: TEL 213-738-2970 TDD. 213-

Braille, impreso en grande, grabacion en audio, captacion en video, descripcion en vivo) o cualquier otro acomodo razonable estaran disponibles al publico para todas las actividades y eventos del Condado.

County of Los Angeles Department of Parks and Recreation Russ Guiney, Director





Parks After Dark Extended Summer Hours



July 5th - August 25th 6:00 p.m. to 10:00 p.m.

Jesse Owens Park 9651 S. Western Avenue Los Angeles, CA 90047 (323) 241-6704

Ted Watkins Memorial Park 1335 E. 103rd Street Los Angeles, CA 90002 (323) 357-3032

Franklin D. Roosevelt Park 7600 Graham Avenue

Los Angeles, CA 90001 (323) 586-7228 (Open until 11:00 p.m.)





Ted Watkins Memorial Park

Franklin D. Roosevelt Park



Thursdays

6:00 p.m. - 8:00 p.m. Youth Basketball Kid's Zone (ages 3 to 8) Family Swim Night Youth Arts and Crafts Martial Arts Bike Club

8:00 p.m. - 9:00 p.m. Adult Aerobics

8:00 p.m. - 10:00 p.m. Adult Basketball



Fridays

6:00 p.m. - 7:00 p.m. PAD Walking Club Swimming Class

6:00 p.m. - 8:00 p.m.
Basketball Clinic
Kid's Zone (ages 3 to 8)
Salsa Lessons
Youth Soccer Play
Adult Tennis Lessons

6:00 p.m. - 10:00 p.m. Teen Zone Video Games

7:00 p.m. - 8:00 p.m. Adult Water Aerobics

8:00 p.m. - 10:00 p.m. Golden Oldie Night Open Basketball

Thursdays

Azteca Dance 6:30 p.m. - 8:30 p.m.

Parent Project 6:00 p.m. - 9:00 p.m.

Concerts in the Park 6:00 p.m. - 9:00 p.m. (7/5,7/12,7/19, 8/2, 8/9, 8/23)

Open Mic Night - Karaoke 6:00 p.m. - 9:00 p.m. (7/26 thru 8/16)

"Rip the Park" Board Club 7:00 p.m. - 10 p.m.

Family Swim 6:00 p.m. -10:00 p.m.

Public Health Walking Club 6:30 p.m. - 7:30 p.m..

Dance Class - Salsa 6:00 p.m. - 7:00 p.m..

Soccer Coaches Clinics 7:15 p.m. - 9:00 p.m.

*Library Time - 7/12 and 8/16 *Health and Economics Fair - 8/23 *ESR Bike Program (Thursdays)

Fridays

Youth Basketball Clinics 6:00 p.m. - 7:30 p.m.

Network For a Healthy California - Latino Campaign 6:00 p.m. - 8:00 p.m.

Family Exercise Circuit Training6:00 p.m. - 7:00 p.m.

Fitness H2O 7:00 p.m. - 8:00 p.m.

Teen Outreach 6:30 p.m. - 8:30 p.m. (8/13 - Library Program)



Saturdays

6:00 p.m. - 8:00 p.m.
Youth Basketball
League Play
Open Mic Night
Cheerleading
Soccer Clinic
Computer & Video Games
Family Swim Night
Open Skate Boarding

8:00 p.m. - 9:00 p.m. Youth Soccer Play

8:00 p.m. - 10:00 p.m. Movie Night Adult Basketball League Play

6:00 p.m. - 10:00 p.m.So You Think You
Can Shoot Contest



Saturdays

Teen Basketball 6:00 p.m. - 8:00 p.m.

Adult Basketball League 8:00 p.m. - 11:00 p.m.

Movies in the Park 8:00 p.m. to 11:00 p.m.

Family Safety Demo 6:00 p.m. - 7:30 p.m. (7/21 & 8/18)

Hip-hop Workout (Aerobics) 6:00 p.m. - 7:00 p.m.

Water Volleyball and Basketball 8:00 p.m. - 10:00 p.m.

(7/14, 7/28, 8/11, 8/25)

Underwater Hockey/ Games 8:00 p.m. - 10:30 p.m.